

Wood Chipping Event: August 22, 2020

The Community Wood Chipping Event will be held at the pool parking lot on Saturday, August 22, 2020. Bring your tree and bush branches to the pool parking lot for free chipping and disposal. Drop off times will be from 10:00 a.m. to 2:00 p.m. There is no charge for this service.

Community Garage Sale Cancelled

The Annual Woodbourne Garage Sale was scheduled for August 7 - 8, 2020. Unfortunately, this event had to be cancelled. It is certainly disappointing but the risks to the community simply outweigh the benefit to the community. Our top priority is the health, safety, and well being of the community as a whole. Don't worry, the Community Garage Sale will return next year.

Labor Day -Trash Pick-up Delay

Because Labor Day falls on a Monday, our regular trash pick-up day will be delayed by one day next month. So Waste Connections will be picking up the trash on Tuesday, September 8, 2019. Don't put out your trash too early, especially in the heat.

> Next Board Meeting Third Wednesday August 19th, 2020, 7:00 p.m. Virtual Meeting

August 2020

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Notes From the Board

As the Coronavirus continues to trend upwards, nationally and in Colorado, the Woodbourne HOA Board met in July to discuss existing pool guidelines, swim team access, and lap swimming. With guidance from our legal advisors, the Board decided it would be in the community's best interests to maintain the current open swim, but not expand access that would potentially open up residents to unlimited exposure. While this is not ideal, we must continue to take this extremely cautious course to protect the community.

The Board has also decided to cancel this year's Community Garage Sale that was scheduled for early August. Guidance from Jefferson County Public Health continues to discourage close contact with others and this event would invite throngs of people into our community with no way to control interactions and distancing. We sincerely appreciate Julie Render and the RE/MAX team's support of this event in prior years and we look forward to bringing the Community Garage Sale back next year. At this time, the Community Wood Chipping Event

and the Holiday Hayride remain on our schedule of events, but the Board will continue to make decisions based upon evolving conditions and the advise and guidance regarding the state of the pandemic. The Board wants to make sure that everyone is safe.

In non-COVID news, the Architectural Control Committee

(ACC) is updating the ACC Guidelines to bring them in line with modern community standards and make them easier for homeowners to access online. We continue to encourage homeowners to visit the Woodbourne HOA website (www.woodbournehoa.org) for updates and to sign up for email notifications and announcements. You can also follow Woodbourne on Facebook (*Private Groups "Woodbourne HOA"*) and Nextdoor (*Groups "Woodbourne HOA"*) for announcements. Stay safe and stay healthy!

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Our next regular business meeting will be held on August 19, 2020. In the meantime, please feel free to contact **Kim Herman** (303-265-7923) or **Geol Scheirman** (303-265-7837) with CLA with any questions.

-Justin Sasso, President

Meadows Fencing Issues The homes backing to the West Meadows Drive fence are responsible for the

The homes backing to the West Meadows Drive fence are responsible for the upkeep of the pickets, posts, and paint of this fence. These homeowners are also responsible for weeds, trash, and anything else in need of attention along the outside of the fence. If your home backs this fence, please take a few minutes to inspect the area and make all repairs as needed.

Independence Day Chalk Art Contest Winners

Thank you to everyone who participated in the Woodbourne & Canterbury Independence Day Chalk Art Contest. We had over 30 participants who created very impressive works of art and definitely got our neighborhood into the patriotic spirit. Judging was extremely difficult, but we were finally able to narrow down the competition to four winners. Please help us in congratulating the following families:

- The Coloroso family
- The Mackey family
- The Mattson family
- The Van Beuge family

Each of our four winners received a \$50 cash prize courtesy of the Julie Render Team. Thanks again to this amazing community for a fun Fourth of July.

Covenant Enforcement Activity

Woodbourne is a covenant controlled community. You can see it on the community signage and you may have a recollection that you received a copy of the covenants at your closing. But what does that mean when you want to build a fence, install a swimming pool, erect a shed, paint your home, or repair or improve your home? For those who choose to live in a covenant controlled community like Woodbourne, it means that you need to obtain approval from the Homeowners Association (specifically the Architectural Control Committee in Woodbourne) before making any changes, repairs, modifications, or improvements to the property even if the project will look the same as it did before. The ACC needs to make sure that the project you are planning aligns with the community design guidelines, rules, and regulations.

If you do not ask for, and receive, approval and your project breaks the ACC rules or is denied, the Board can require you

to redo the work or remove the improvement altogether. You can also receive a fine as the owner. Avoid this extra expense and hassle. Make sure your project is compliant and approved before anyone lifts a finger or buys supplies that will now have to be donated to a good cause.



Be sure to submit a completed ACC request form to prevent

delays. Make sure that you include items such as a site plan, including dimensions and setbacks. Remember that you will need to include the type of materials to be used with examples like photos, paint color cards, and brochures for items such as sheds and play-sets. The Board always encourages repairs and improvements. They just need to make sure that projects are in line with the community standards.

If you have questions about covenant enforcement, please contact Susie Ellis at ccompliance@comcast.net or 303-422-4473.

2020-2021 Board Members

Justin Sasso, President Woodbourne.2018js@outlook.com Jeff Lubthisophon, Vice President Woodbourne.2018jl@outlook.com Sharon Erickson, Secretary/Treasurer

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WOODBOURNE WEB SITE: www.woodbournehoa.com Sign in and you will be directed to Woodbourne's community page.

Kim Herman, 303-265-7923, Community Manager kim.herman@claconnect.com Home Owner Education: www.altitude.law

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News Articles

The deadline for news articles is the 15th of the month before the next month's issue. Please email news articles to the editor at woodbourne.editor@hotmail.com. No endorsement of any product or service is implied or stated by its inclusion in the newsletter. All articles must be approved by the editor for publication, or as space permits.

Advertising

The deadline for advertisements is the 15th of the month for the next month's issue, except for the Jan. issue which is Dec. 6th.

To place an ad, call Colorado Lasertype, 303-979-7499. Email: getinfo@coloradolasertype.com

To find ad rates and discounts, go to www.ColoradoLasertype.com and click on the "Advertising Rates" link.

Clubhouse Reservations

Are you planning a party or considering reserving the clubhouse? Woodbourne's website has a new Reservation System and Calendar. You may use it to view available dates and even place a reservation request any time, day or night. The request process is very simple, so please log on to Woodbourne's website at www.woodbournehoa.com to take a look. On the home page, scroll down to Homeowner Information and find the Clubhouse Reservations tab. Click on the tab and you will find the Clubhouse Reservation form, the pool rules, and the Clubhouse Reservation Calendar. To request a reservation, fill out the on-line form, sign in the signature block, and submit. You can also download the Clubhouse Reservation form and mail it in, if you prefer. Please give them a call at 303-439-6058 for additional assistance or to speak directly to your Reservation Specialist. Of course, if you ever need help you can also contact any Board member.

Bear Activity in Your Area

Colorado Parks and Wildlife has received calls about bear activity in your area. You live in close proximity to bear habitat and these intelligent bruins can be lured into communities due to attractants and the prospect of a free and easy meal. Removing these attractants, and hazing bears when you see them, can help encourage bears to



move out of your neighborhood on their own. This reduces conflicts and keeps you and the bears safe. You can help reduce bear conflicts by adhering to the following:

- Secure your trash in a locked garage or outbuilding and ONLY place your trash outside on the morning of collection.
- Take down all birdfeeders (hummingbird, suet and seed) until Thanksgiving (including those on upper levels).
- Keep cars locked and do not leave anything with a scent in your vehicle.

If you see a bear, haze it away to help keep it from becoming habituated to people. This can include yelling at it, banging pots and pans together, honking your car horn, activating the alarm on your vehicle, using an air horn, etc.

Teach your children to be SMART if they have a close encounter with a bear:

- S Stop. Do not run!
- M Make yourself look big
- A Announce your presence in an authoritative voice "Leave me Alone!"
- R Retreat by backing away slowly
- T Tell an adult about the encounter

Encourage your neighbors to do the same!



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Thank you for your assistance in keeping Colorado's bears wild and alive!

Learn more about living in bear country: https://cpw.state. co.us/learn/Pages/LivingwithWildlifeWildBears.aspx or contact the CPW office at 303-291-7227.

Special Events

Special events are a vital part of bringing the Woodbourne community together. This year, we have had to cancel or reschedule some activities due to the COVID-19 public health crisis. The Board is seeking advice from our management company and looking closely



at community safety in deciding whether our usual activities can be held. Any listed event may be cancelled, rescheduled, or postponed due to public health orders. The list here includes the current dates for these events. More information will be provided as it is made known.

- Woodbourne Annual Garage Sale Cancelled
- Wood Chipping Event Saturday, August 22, 2020
- Pool Closed Tuesday, September 8, 2020
- Holiday Hayride Saturday, December 19, 2020

These events have been great in the past, and we look forward to them being awesome in the future.



7 Ways to Make Popsicle Chalk

For the dog days of Summer when you are looking for something to keep your kids busy outside try two or more of these wonderful Popsicle Chalk Recipe's from Lorie at readingconfetti.com

The basic chalk paint recipe:

- Half cornstarch
 - Half water (though I tend to use more water than cornstarch so it's easier to mix)
- Food Coloring
- Dish soap (optional, but makes clean up easier)

Once you pour this chalk paint mixture into molds and freeze it, you have ice chalk, which you can use like regular sidewalk chalk. (Except it's cold and melty and the perfect sensory, art, and science activity for a hot summer day.)

To make popsicle chalk, I substituted washable paint for the food coloring and poured it into popsicle molds. I also used flour in place of the cornstarch.

To make scented ice chalk I used unsweetened Kool-Aid instead of food coloring. I used one packet per two cups of chalk paint, but since we tend to overdo things around here, I'm sure you could get away with less. I used muffin tins for the molds.

For marbled ice chalk I left out the food coloring, poured the white chalk paint into molds, and added a few drops of food coloring. I mixed it in (just a little) with a toothpick.

Rainbow ice chalk is tedious, but totally worth it. You need to freeze each layer before adding the next. (Trust me, I really tried to come up with a shortcut.)



For fizzing ice chalk, substitute baking soda for some of the cornstarch in your batch of chalk paint. You can either use a squirt bottle to add vinegar to the ice itself, or spray it on the chalk lines and watch the bubbles.

To make treasure ice chalk, choose any of these variations, and freeze small surprises for your kids to find inside the chalk.

-readingconfetti.com

Online Shopping Surged During Outbreak

Shelter-in-place orders meant most of us couldn't get to the grocery store on a regular basis. Predictably, that created a boom in online grocery sales, according to the Supermarket News website. In 2019, online grocery shopping grew by 22%; the Coresight Research U.S. Online Grocery Survey 2020 expects those sales to increase 40% in 2020.

The survey polled 1,152 consumers. Fifty-two percent said they had purchased groceries online in the past 12 months. That's the first time more than half of consumers had done so, and more than double the number from two years ago. Online shopping accounted for about 2.6% of U.S. food and beverage sales in 2019, and the projected growth in 2020 looks to raise that 3.5%—almost \$38 billion.



Temporary Stage 2

Temporary Stage 2 Fire Ban Implemented in Jefferson County; Sheriff Enacts Ban in Effort to Prevent Wildfires. Jefferson County, CO. Effective July 9, 2020, Jefferson County Sheriff Jeff Shrader will enact a Stage 2 Fire Ban for Jefferson County. This temporary Stage 2 Fire Ban supersedes all previous fire restrictions and bans.

This ban is being enacted due to the continuing high fire danger condition within Jefferson County.

Pursuant to the Annual Operating Plan regarding the implementation of fire restrictions and fire bans, and due to the continuing high fire danger condition within Jefferson County, the following activities are prohibited pursuant to a Stage 2 fire ban:

Prohibited Items Under Stage Two Fire Ban

The items below are NOT authorized during a fire ban.

- Charcoal grill
- Tiki torches
- Fire pit
- Sky lantern
- Chiminea
- Fireworks
- Smoking
- Trash burn
- Chain saw
- Other torches...

Welder or TorchThere are restrictions in a fire ban regarding operating an acetylene or other torch, welding, or the use of an explosive initiation system.



Items Allowed Under a Fire Ban

Only devices that are liquid fueled or gas fueled are allowed. Simply put, gas grills, gas fire pits, gas stoves, and gas lanterns are allowed. The rule of thumb is whether or not the fire can be "turned off," rather than "put out."

- Gas grills
- Gas fire pits
- Gas stoves
- Gas lanterns

Gas lanterns are allowed under a fire ban. The lantern can be "turned off" rather than "put out".

Enforcement

Jefferson County deputies will strictly enforce the temporary fire ban and temporary fire restrictions in the unincorporated areas, to include federal lands. Pursuant to County Policy Part 3, Chapter 6, Section 2, authorizing the Declaration of Open Fire Bans, violations of these prohibitions, upon conviction, is punishable by a fine of not more than \$600. Such act(s) violate section(s) 102.8 and / or 308.2.1 of the International Fire Code.

National Water Quality Month

The average person uses approximately 80 gallons of water or more per day for bathing, cleaning, household waste, and drinking. Protecting our water resources and educating ourselves about water quality is an important goal of National Water Quality Month.





Keep Your Sanity As The Crisis Drags On

The COVID-19 pandemic has taken a toll on everyone, and not just physically. Taking care of your mental health is important too, especially because no one knows when the crisis will end. The GOV.UK website shares this guidance on staying sane during these uncertain times:



- Stay connected. Maintain your relationships with friends and family. Social distancing guidelines may be looser these days, making things easier, but if you or a loved one is in self-quarantine because of a positive test for the coronavirus, don't stay isolated. Reach out.
- Talk about your worries. Whether you work with a counselor or just talk to friends, don't bottle your emotions up. Speak up about what's worrying you. Letting your feelings out is good for your mind and soul.
- Take care of yourself physically. Eat healthy meals and exercise. Take a walk or a bike ride now that communities have started to open up. Work in your garden. Getting outside and staying in good physical shape will help you maintain a healthy mental state.
- Get plenty of sleep. Sleep can be elusive when you're nervous about life. Stick to a routine that encourages eight or nine hours of sound sleep every night. You'll get the physical rest you need and the mental break necessary to brain health.
- Manage your media consumption. There's lots of information out there, often more negative than positive. Don't obsess over every new report. Limit your intake of news so you don't start feeling overwhelmed and helpless. Check the facts to be sure you're not being exposed to bad information.
- Find things to enjoy. Make a point of pursuing pleasurable activities to take your mind off things. Read a good book, watch a lighthearted movie, finish a jigsaw puzzle, cook a gourmet meal—do anything that lifts your spirits and makes you feel better.

Find Your 'Big Idea'

The legendary David Ogilvie was a pioneer of the advertising industry. One reason for his success and influence was his ability to create what he called "the Big Idea"—a memorable concept that he could wrap an ad around, or base an entire advertising campaign on. Here's how he developed Big Ideas and how you can, too:

- Step 1. Analyze your data and look for the single element that best expresses what you want to say. What one idea do you want people to remember?
- Step 2. Take that idea and boil it down to a statement of 10 words or less, using lively, action-oriented language.
- Step 3. Build your presentation—whether it's an ad, a speech, or a persuasive e-mail—around your Big Idea.

When Older Loved Ones Don't Listen To Your Fears

You worry about your children during the COVID-19 pandemic, but many of us are equally concerned about our elder relatives, who are at much higher risk of death if they become infected. There may be only so much you can do—people young and old often discount the threat until it's too late. *The New York Times* offers some guidance to adult children worried about their older loved ones:

- Manage your own anxiety first. Don't get angry with mom or dad when they shrug off the dangers. Be direct and calm, and provide clear reasoning and context for your worries.
- Explain your position. If your loved ones live far away, you might say, "If you get sick, I won't be able to come and see you. If you die, you'll be all alone." This may help them see that the consequences aren't just about them.
- Accept. You may not be able to change their minds. Express your feelings and fears rationally, but don't try to force anything or you may push them away. Remember that they're adults too, and let them make their own decisions even though you may disagree.

Americans Delayed Medical Care Due To Coronavirus

The COVID-19 pandemic obviously had an impact on many people's health, but not all of it was due to the virus itself. The Kaiser Health New website reports that almost half of Americans (48%) postponed or skipped seeking medical care because of the outbreak. Of those people, 11% indicated that their medical problem got worse, although 36% said it did not. Almost seven in 10 of those who had skipped a doctor's appointment said they plan to seek medical care in the next three months. The good news: Eighty-six percent of U.S. adults say their health has remained "about the same" since the beginning of the outbreak.

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Classified ads are \$4.00/line (about 40 characters/line). Contact Colorado Lasertype at **303-979-7499** or **getinfo@ColoradoLasertype.com** to place an ad. To view our display ad prices, visit our website at **www.ColoradoLasertype.com**. The deadline for placing a classified or display ad is the 15th of the month for the next month's issue (i.e., 15th of Sept. for Oct. issue), except the January issue, which has a deadline of December 7th. Residents placing ads to sell household items are not charged a fee.

National Aviation Week

Aug. 16-22. Always occurring during the week of August 19, the date coincides with National Aviation Day, which celebrates Orville Wright of the Wright Brothers, who made the first flight for 12 seconds and 120 feet at Kitty Hawk, North Carolina on December 17, 1903.

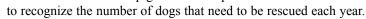
The soul always knows what to do to heal itself. The challenge is to silence the mind. —Caroline Myss

National Honey Bee Day

Aug. 15. An opportunity to celebrate honey bees, recognize their contribution to our everyday lives, and take steps to protect this important species for future generations.

National Dog Day

Aug. 26. National Dog Day celebrates all breeds and serves to help galvanize the public





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Stay Cool During Those Hot August Days And Nights

The dog days of August can be hot. Other than huddling in front of an air conditioner 24/7, which isn't very practical, how you can stay cool? The Yahoo website

offers these tips for beating the heat:

• Stay hydrated. Drink lots of water to keep your body temperature in balance and avoid getting overheated. It doesn't have to be cold water—actually, your body will heat it up anyway.



• Take a cold shower or bath. This can cool your body's core temperature. Try peppermint soap—

peppermint oil can activate brain receptors that tell you whether something you're feeling or eating is cold.

- Use a cold dishrag. Place a cold dishrag on your neck or wrists. Your pulse points are close to the surface of your skin there, so you'll feel cooler more quickly.
- Close your blinds. If your curtains or blinds face west in the afternoon, closing them can keep the air in your home from heating up.
- **Close up unused rooms.** Keeping the doors closed will contain cool air in the areas of the house where you are.
- Don't refrigerate blankets, pajamas, or anything else. They'll warm up quickly, and the moisture they pick up can create mold in your mattress.
- **Push out hot air.** Place a box fan facing an open window to blow hot air outside, allowing the cool inside air to predominate.



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How People Creatively Weathered The Lockdown

Sheltering at home was tough on everyone, but many people used it as an opportunity to grow their creative skills. *The Financial Times* website reports on three cases:

- The cellist. Liz Hanks, a cellist in the United Kingdom, saw her European concert series dry up as the COVID-19 outbreak shut down borders. She switched to teaching music online and recording new music at her home in Sheffield, South Yorkshire, and she also founded a project for other musicians to perform their own music outside for free so that people could still enjoy live music.
- The entrepreneur. Balvinder Powar, a Madrid-based leadership trainer and entrepreneur, focused on new projects during his confinement in Spain. They included helping business school students in Madrid develop ways of producing food. He's also taking a course on neuroscience to broaden his training.
- **The professor.** Paul Freemont of Imperial College London led a team of scientists to raise some \$150,000 from the Dementia Research Institute for COVID-19 testing. The effort, which would usually take months, was completed in just three weeks.

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